International Mediation Intensive Training

with Liv Larsson & Kay Rung

11-17 September in Stockholm Sweden

A week that provides a unique opportunity to learn skills that facilitate dialogue, to explore conflict in depth, and how to handle it. A chance to study with experienced mediators.
The trainer teams offers more than 40 years of experience in the subject of dialogue and mediation.

For registration and information
www.friareliv.com/imit

Some of what you get:
Mediators tool box. Form-clarity-intention. Mediators self-care. Mapping conflicts, following the energy. Small group work. Empathy support. The inner work of the Mediator. Mediation games. How to start a formal mediation. Contracts and agreements. Interrupting in a way that supports connection. Dealing with judgments. Mediation practice. Deepening mediation practice. Clarity–key differentiations. Informal mediation. Dilemmas. Getting to the core of conflict. Dealing with labels and enemy images. Shame and mediation. Deepening mediation practice. Intention. Deep empathy. Reconciliation. Handling shame. Teaching mediation; tricks, expertise. Variations. Mediating in pairs. Shuttle mediation with groups. Mediation with parties that don´t want to meet. Mediation in families. Mediating challenging situations. Empathy. Protective use of force. Building trust.

Partly based on the book *A Helping Hand, Mediation with Nonviolent Communication* by Liv Larsson (available in Swedish, German, English, Italian, Dutch, Polish and Finnish).
Trainers: Liv Larsson & Kay Rung

Date: 11-17 September 2019
Location: Stockholm, Tollare
Regular fee 1300 €
Professional fee 2000 €
Teaching mediation track 2000 €
Full board and room from 575 €
For registration and information
Phone: +46 911 241144, kay@friareliv.se

Read more at:
www.friareliv.com/imit